

DIDCOT PHOENIX CC

DPCC Open 10 Mile Time Trial

Date: 14/08/2022
Start time: 07:30 (last rider to start @09:30)
Course: H10/17r (Southmoor)

Enter TT bike competition: <https://www.cyclingtimetrials.org.uk/race-details/23147>
Enter Road bike competition: <https://www.cyclingtimetrials.org.uk/race-details/23149>
Entries Close: 02/08/2022 23:59

HQ Location: Kingston Bagpuize with Southmoor Village Hall
(OX13 5BY)

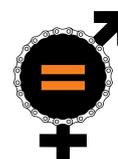
HQ opens: 06:30

Organisers: Ant Atkin, Henry Latimer (start sheet)
Time Keepers: Howard Waller, Ron Smith

Contact: 07792710411
didcotphoenixccpresident@gmail.com

**IF YOU ARE NOT WELL OR ARE SHOWING SIGNS OF COVID-19 THEN
PLEASE DO NOT ATTEND THE EVENT.**

This event is run under [CTT regulations](#)
This event is a recipient of the [EPiC Kitemark](#) for equal prizes:



DIDCOT PHOENIX CC

DPCC Open 10 Mile Time Trial

Dear All,

Thank you for taking part in our 10 mile open time trial. We hope you have a safe and fast ride!

This year's event will be run with separate road bike and time trial bike competitions. The road bike competition will incorporate an Oxfordshire Road Race League individual time trial competition.

Kind Regards,

Ant Atkin (DPCC President and Open 10 Mile TT Coordinator)

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1. How To Enter

To enter the DPCC Open 10 Mile Time Trial you need to:

- Be a member of a CTT affiliated club (cost of the club's membership fee),
- Be a registered rider with CTT (It's free!),
- And enter the event on the CTT website (entry cost)

The links to the enter the events are here

Enter TT bike competition: <https://www.cyclingtimetrials.org.uk/race-details/22537>

Enter Road bike competition: <https://www.cyclingtimetrials.org.uk/race-details/22539>

To become a CTT member, please [register here](#).

To check if your club is affiliated with CTT [check club affiliation here](#).

If you are not a member of an affiliated club please contact didcotphoenix@gmail.com and we will help you out or become a member of our club [here](#).

Entries Close on 02/08/2022 at 23:59

2. Warm Up Events

If you wish to try out time trialling, fine tune your body/machine or just practice, there are DPCC warm up races as part of our Thursday TT series. These events can be found on our club [calendar](#). This includes one on the same course as the open event itself (21/07/22). Entries open 7 days before the event and non-members are very welcome.

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3. Selection

Once entry has closed, we will review the entries and accept riders.

Based on previous experience we expect that any rider who enters will receive a place. However if the event is oversubscribed, the criteria for accepting riders is as follows:

1. The event has a capacity of 120 riders
2. 60 spaces are reserved for female riders and 60 reserved for male riders
3. All juvenile (U16), junior (U18) and espoir (U21) riders who enter will be accepted
4. Riders are accepted in the order of their previous fastest times as specified on their CTT profile, fastest first. If the rider has not completed an open event before they can supply supporting info in their entry form to allow the organisers to inform selection (e.g. a triathlon or CTT type 'B' event)
5. If the event is oversubscribed the road bike competition will be prioritised over the time trial competition and/or we will apply to the London West District Council to increase the capacity of the event.

Riders will receive a confirmation email after the event entry has closed to inform them if they have been accepted. The start sheet will be published and circulated in the week running up to the event.

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6. Competition Format

The DPCC Open 10 mile time trial is primarily a solo event where individual riders complete the course as fast as they are able.

Solo Competition Rules

The times for the road bike and time trial bikes will be ranked separately. Placings and rankings for both male and female riders will be generated. Prizes are awarded equally across both events and between genders in accordance with the [EPiC Kitemark](#).

Road Bike			
1st Woman	£15	1st Man	£15
2nd Woman	£10	2nd Man	£10
3rd Woman	£5	3rd Man	£5

TT Bike			
1st Woman	£15	1st Man	£15
2nd Woman	£10	2nd Man	£10
3rd Woman	£5	3rd Man	£5

Additional prizes: fastest female and male junior (£15 each), fastest female and male veteran on standard (£15 each). One prize per person. Prizes will be paid by bank transfer/paypal.

Road Bike Rules

The road-bike only event is being run with under "[Aerocoach](#)" road bike rules, please make sure your equipment complies with the following points :

1. No aerobars, clip on aerobars or aero extensions can be used
2. Hands must be holding the handlebars at all times whilst racing (ie. not with forearms resting on the handlebar)

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3. Wheels must have a minimum of 12 spokes each, and have a maximum rim depth of 90mm
4. Helmets must have no visor
5. Ears must not be covered by the helmet (e.g a Giro Aerohead helmet is not permitted)

The start team will check that your kit fits with these rules. Riders whose equipment does not comply will be permitted to race and a time will be recorded, but their result won't count in the team competition.

Oxfordshire Road Race League

The road bike event will incorporate an Oxfordshire Road Race League individual road bike time trial competition. ORRL rules state that to be eligible for this competition, riders must be a first claim member of a league club and hold a Category 3/4 British Cycling Licence for men or 2/3/4 Licence for women. Riders are required to race in club colours. Team coordinators must inform the organiser of their eligible racers by emailing their names and BC number to didcotphoenixccpresident@gmail.com in advance of the event.

ORRL Points will be awarded as follows: 1st, 15 points; 2nd, 12 points; 3rd, 10 points; 4th, 8 points; 5th, 6 points; 6th, 5 points; 7th, 4 points; 8th, 3 points; 9th, 2 points; 10th, 1 point.

6. Covid-19

Riders are advised to follow current Covid-19 guidelines.

7. Event HQ

The HQ is at Kingston Bagpuize with Southmoor Village Hall (OX13 5BY). It has parking and toilet facilities. Refreshments will be supplied after the event, along with a short prize presentation.

8. Sign-On

When you arrive at the HQ you can sign in and pick up your race number.

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10. Race Protocol

Please arrive at the start line approximately five minutes before your start time.

The start team will check that riders a) have their number attached and, b) have a working front and rear light and helmet. **If any of these are missing you will not be permitted to race.** The team will also check if the Aerocoach road bike criteria are met.

Riders are set off at one minute intervals. When it is your turn, the start team will call you to the line.

The start time keeper will count you down to zero when you can start your race and complete the 10 mile course as quickly as you are able.

As you cross the finish line the timekeeper will record your time. If you remember, please shout your number as you cross the line.

11. H10/17r (Southmoor) Course Detail

The H10/17r is an out-and-back course on the A420 in Oxfordshire. The course is a mixture of single and wide dual-carriageway A road with a large roundabout in the middle of both outward and return legs, with a roundabout at the turn. The course is rolling in nature with a good road surface, there are no technical corners to negotiate.



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Course Description

Start at the corner of the lane from Hinton Waldrist, about 5 yards south of the “Give Way” signs and in line with the north edge of a metal manhole cover in the centre of the lane. Bear left along the slip road to join the A420 eastbound. (Great care when joining A420 and give way to traffic from the right. Proceed eastwards along A420 onto the dual carriageway by-pass and continue to the roundabout with the A415, (Care of traffic crossing on A415) Take the second exit to continue straight on along A420 towards the next dual carriageway section in Tubney Wood On approaching the Tubney Wood roundabout with the A338 look behind, signal and move into the outside lane (Care) to turn around the roundabout and take the third exit to return westwards on A420 (M, Check). Continue to the Kingston Bagpuize by-pass and on to the roundabout with the A415 (Care of crossing traffic) and take the second exit to remain on the A420 Finish, still on the A420 dual carriageway by-pass, beside the first drain in the lay-by, 29 yards west of and beyond the large sign at the extreme eastern end for the crossroads to Charney Basset and Longworth, 70 yards east of the footpath steps in the middle of the lay-by and 537 yards short of the crossroads.

Ride with GPS route

<https://ridewithgps.com/routes/38393865>

Strava Segment

https://www.strava.com/segments/h10-17r-better-gps-7186031?utm_campaign=segment_share&utm_content=7186031&utm_medium=widget&utm_source=www.didcotphoenix.co.uk

London West District Council course Map, description and risk assessment

<https://www.londonwestdc.co.uk/h10-17r>
<https://www.londonwestdc.co.uk/h10-17rra>

Course Safety

The course is sign posted with large, event warning signs which inform other road users of the event as they join the course from A420 and the major side roads.

The course is subject to routine traffic counts and only authorised by the London West District Council for use at times when traffic volumes are below a nationally agreed threshold. A traffic count is scheduled for this event.

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Marshalls will be present at the key areas on the course to provide visible cues to drivers that an event is taking place, to indicate directions to riders and to be present in the case of an incident. Marshalls are not authorised to direct or regulate the traffic.

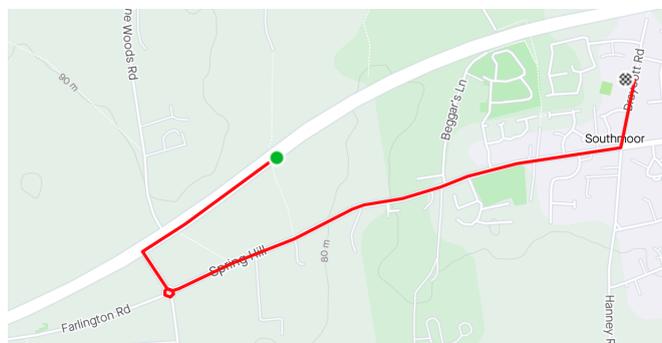
Riders are responsible for their own safety and are required to observe the law relating to road use.

12. Post Race

Once you have passed the finish line please clear the finish area quickly and return to the HQ area taking care not to distract the timekeepers or impede others in their race.

The route back to the HQ is as follows and is approximately 1 mile.

Route from H10/17r finish to HQ



<https://ridewithgps.com/routes/38393827>

ALL Riders must sign out at the HQ after they have completed their ride. Failure to do so will result in a disqualification.

Results will be made available online (link to follow)

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Start Sheet

Number	Start Time	Road Bike/ TT Bike	First Name	Last Name	Club	Gender	Age Group
1	07:31	Road	Daniel	Crossley	Didcot Phoenix CC	Male	Veteran
2	07:32	Road	Bobby	McGlue	High Wycombe CC	Male	Veteran
3	07:33	Road	Tim	Maundrell	Didcot Phoenix CC	Male	Senior
4	07:34	Road	Sarah	Martin	Cowley Road Condors CC	Female	Senior
5	07:35	Road	Sinead	Hayes	Cowley Road Condors CC	Female	Senior
6	07:36	Road	Hannah	Makins	Mickey Cranks Cycling Club	Female	Veteran
7	07:37	Road	Richard	Barclay	Didcot Phoenix CC	Male	Veteran
8	07:38	Road	Mairi	Brookes	Cowley Road Condors CC	Female	Veteran
9	07:39	Road	Gregory	Speakman	High Wycombe CC	Male	Senior
10	07:40	Road	Callum	Bricknell	Vector Cycling Race Team	Male	Senior
11	07:41	Road	Xavier	Fontana	Didcot Phoenix CC	Male	Veteran
12	07:42	Road	Rachel	Fort	Cowley Road Condors CC	Female	Senior
13	07:43	Road	Georgia	Fife-Wright	Didcot Phoenix CC	Female	Senior
14	07:44	Road	David	Marshall	Hemel Hempstead CC	Male	Veteran
15	07:45	Road	Shane	Hedges	Vector Cycling Race Team	Male	Veteran
16	07:46	Road	Stephen	Anderson	High Wycombe CC	Male	Veteran

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17	07:47	Road	Brendan	Schofield	Abingdon Race Team	Male	Senior
18	07:48	Road	Pierre	Dutton	Didcot Phoenix CC	Male	Senior
19	07:49	Road	Nicholas	Sanderson	Cowley Road Condors CC	Male	Senior
20	07:50	Road	Tim	Doole	Cowley Road Condors CC	Male	Senior
21	07:51	Road	William	Carter	Abingdon Race Team	Male	Senior
22	07:52	Road	James	Engledow	Mickey Cranks Cycling Club	Male	Senior
23	07:53	Road	Rich	Mallett	Didcot Phoenix CC	Male	Senior
24	07:54	Road	Marc	Beales	Didcot Phoenix CC	Male	Senior
25	07:55	Road	Anna	Murgatroyd	Cowley Road Condors CC	Female	Senior
26	07:56	Road	Andy	Gajraj	High Wycombe CC	Male	Veteran
27	07:57	Road	Oliver	Gummery	Mickey Cranks Cycling Club	Male	Senior
28	07:58	Road	Craig	Smith	Cowley Road Condors CC	Male	Senior
29	07:59	Road	Robert	Freshwater	Cowley Road Condors CC	Male	Senior
30	08:00	Road	Evan	Clements	Abingdon Race Team	Male	Senior
31	08:01	Road	Darren	Drysdale	Oxonian CC	Male	Veteran
32	08:02	Road	Tom	Wrobel	Cowley Road Condors CC	Male	Veteran
33	08:03	Road	Les	Liddiard	GS Vecchi	Male	Veteran

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34	08:04	Road	Matt	Jarvis	Cowley Road Condors CC	Male	Veteran
35	08:05	Road	Nick	Calkin	High Wycombe CC	Male	Veteran
36	08:06	Road	Sam	Boulton	Didcot Phoenix CC	Male	Veteran
37	08:07	Road	Alex	Royal	Mickey Cranks Cycling Club	Male	Senior
38	08:08	Road	Darren	Milligan	Abingdon Race Team	Male	Senior
39	08:09	Road	Stu	Kimber	Cowley Road Condors CC	Male	Veteran
40	08:10	Road	Andy	Davies	High Wycombe CC	Male	Veteran
41	08:11	Road	Joonas	Melin	Cowley Road Condors CC	Male	Senior
42	08:12	Road	Matt	Hermon	Mickey Cranks Cycling Club	Male	Veteran
43	08:13	Road	Michael	Garvey	High Wycombe CC	Male	Veteran
44	08:14	Road	Martin	Stanley	Didcot Phoenix CC	Male	Veteran
45	08:15	Road	Peter	Fifield	Cowley Road Condors CC	Male	Senior
46	08:16	Road	Nick	James	Mickey Cranks Cycling Club	Male	Veteran
47	08:17	Road	Andrew	Martin	Kingston Wheelers CC	Male	Senior
48	08:18	Road	Jeff	Roberts	High Wycombe CC	Male	Veteran
49	08:19	Road	Ben	Farrer	Vector Cycling Race Team	Male	Senior
50	08:20	Road	David	Holland	Cowley Road Condors CC	Male	Senior

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51	08:21	TT	Rachel	Green	Cheltenham & County Cycling Club	Female	Veteran
52	08:22	TT	Stu	Carver	North Hampshire RC	Male	Veteran
53	08:23	TT	Ben	Payne	Maidenhead & District CC	Male	C4
54	08:24	TT	Andrew	Payne	Maidenhead & District CC	Male	Veteran
55	08:25	TT	Keagan	Matthews	Vector Cycling Race Team	Male	Senior
56	08:26	TT	Jan	Farmer	Serpentine Running Club	Female	Veteran
57	08:27	TT	Rosslyn	Young	Serpentine Running Club	Female	Veteran
58	08:28	TT	Rebecca	Babbage	Cambridge University CC	Female	Senior
59	08:29	TT	Brian	Lewis	Bicester Millennium CC	Male	Veteran
60	08:30	TT	Chris	Summers	Sotonia CC	Male	Veteran
61	08:31	TT	Michelle	McGuinness	Didcot Phoenix CC	Female	Veteran
62	08:32	TT	Les	Gardner	Maidenhead & District CC	Male	Veteran
63	08:33	TT	Isabel	Leitch	Oxford University CC	Female	Senior
64	08:34	TT	Mitchell	Webster	Royal Air Force Cycling Association	Male	Senior
65	08:35	TT	Sally	White	High Wycombe CC	Female	Veteran
66	08:36	TT	Neil	Druce	Didcot Phoenix CC	Male	Veteran
67	08:37	TT	Simon	Drewett	ZeroBC Race Team	Male	Veteran

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68	08:38	TT	Tina	Reimann	High Wycombe CC	Female	Senior
69	08:39	TT	Charly	Helyar	Wellington Wheelers Cycling Club	Female	Veteran
70	08:40	TT	Susan	Oldham	Bicester Millennium CC	Female	Veteran
71	08:41	TT	Kate	Bradley	Born to Bike - Bridgtown Cycles	Female	Veteran
72	08:42	TT	Alastair	Merrill	VC 10	Male	Veteran
73	08:43	TT	Peter	Iffland	Chippenham & District Wheelers	Male	Veteran
74	08:44	TT	James	Hunt	Oxonian CC	Male	Veteran
75	08:45	TT	James	Leach	Brixton Cycles Club	Male	Senior
76	08:46	TT	Derek	Dowdeswell	Gloucester City Cycling Club	Male	Veteran
77	08:47	TT	Ian	Radburn	Oxonian CC	Male	Veteran
78	08:48	TT	Philip	Porteous	High Wycombe CC	Male	Veteran
79	08:49	TT	Josh	Lovell	Banbury Star Cyclists' Club	Male	Senior
80	08:50	TT	Laura	Pittard	Brother Uk - Team OnForm	Female	Senior
81	08:51	TT	Dena	Ford	High Wycombe CC	Female	Veteran
82	08:52	TT	Rob	Vessey	Pankhurst Cycles	Male	Veteran
83	08:53	TT	Malcolm	Rose	ZeroBC Race Team	Male	Veteran
84	08:54	TT	Peter	Crease	Royal Navy & Royal Marines CA	Male	Senior
85	08:55	TT	Jack	Smy	Abingdon Race Team	Male	Senior

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86	08:56	TT	Christopher	Edginton	ZeroBC Race Team	Male	Veteran
87	08:57	TT	Chris	Ford	High Wycombe CC	Male	Veteran
88	08:58		Frank	Kilsby	Velo Club St Raphael	Male	Senior
		TT					
89	08:59		Michael	Bennett	Bicester Millennium CC	Male	Veteran
		TT					
90	09:00	TT	Matthew	Coulson	Oxford University CC	Male	Espoir
91	09:01	TT	Robert	West	AeroCoach	Male	Veteran
92	09:02	TT	Ben	Williams	GS Mossa	Male	Senior
93	09:03		Anthony	Turner	Mickey Cranks Cycling Club	Male	Veteran
		TT					